



# Picture Perfect PJ's

*Smocking Plate, Mitten Appliqué and Mitten Pocket*

**By Karen Faylor**



## SMOCKING PLATE

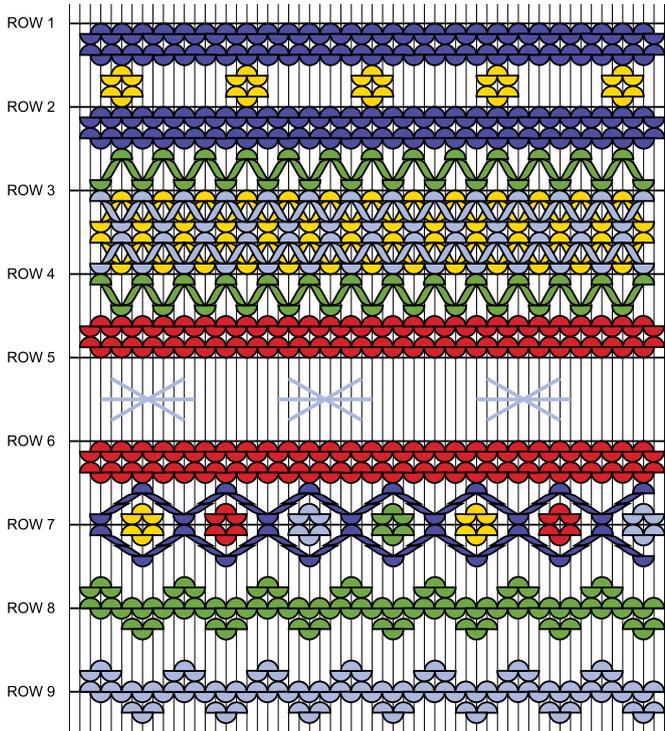
- Pleat 11 whole space rows.
  - Top and bottom row are holding rows indicated by H on the graph. **Row 1** begins on second guide thread row.
  - Use 3 strands of floss throughout.
1. Cable across **Row 1** in blue, Turn work and mirror image a second cable row below it so the

up cable of the first row meets the down cable of the second row. Repeat across **Row 2**.

2. Work a one-step wave between **Rows 2-1/2 and 3** in green floss, top cables will touch previous row.
3. Work a one-step wave in yellow floss between **Rows 3 and 3-1/2**. Work another wave on same row in light blue floss crossing over yellow trellis stitches. Repeat

between **Rows 3-1/2 and 4**.

4. Repeat a row of one-step waves in green between **Rows 4 and 4-1/2**.
5. Stitch a double cable row, as in step 1, in red floss between **Rows 4-1/2 and 5**.
6. Repeat red double cable row on **Row 6**.
7. With blue floss, stitch a two-step wave between **Rows 6-1/2**



and 7 beginning with an up cable in the center.

8. Repeat two-step wave in mirror image to form diamonds between Rows 7 and 7-1/2.
9. Stitch a single cable row across Row 8 in green floss. Stitch a three-cable combination above and below cable row to form florets as graphed.
10. Repeat cable and florets in light blue floss on Row 9.
11. Add six-cable florets between cable Rows 1 and 2 in yellow floss spacing them 8 pleats apart.
12. Repeat six cable florets in diamonds on Row 7 in a pattern

of red, blue, green, and yellow.

13. Stitch snowflakes between red cable Rows 5 and 6 with a satin stitch center over two pleats and straight stitches as graphed.

### MITTEN POCKET

Stitch one pocket and one pocking lining together like a tiny pillow with right sides together and leave a small opening at the top straight edge. Notch curves and clip corner at thumb. Turn and press. Hand stitch opening closed with a blind stitch or top stitch close to edge. Apply to garment with a top stitch around outer edges.

### MITTEN APPLIQUÉ

Trace appliqué to Steam A Seam II®. Fuse to wrong side of appliqué fabric. Cut out mittens and fuse to garment right side up. Hand stitch a buttonhole stitch around the edge with blue floss, or machine satin stitch if you prefer. —SB

#### About the Designer

Karen Faylor is the owner of Wonderfully Made and The Karen Faylor Company ([www.karenfaylor.com](http://www.karenfaylor.com)) located in Mukilteo, Washington. She holds a Certificate in Art and Design from City and Guilds of London and is currently working towards a diploma in Experimental Research for Advanced Design. She has been teaching sewing for over 20 years and resides in Washington with her husband. They have three daughters and three grandchildren.

Mitten Pocket



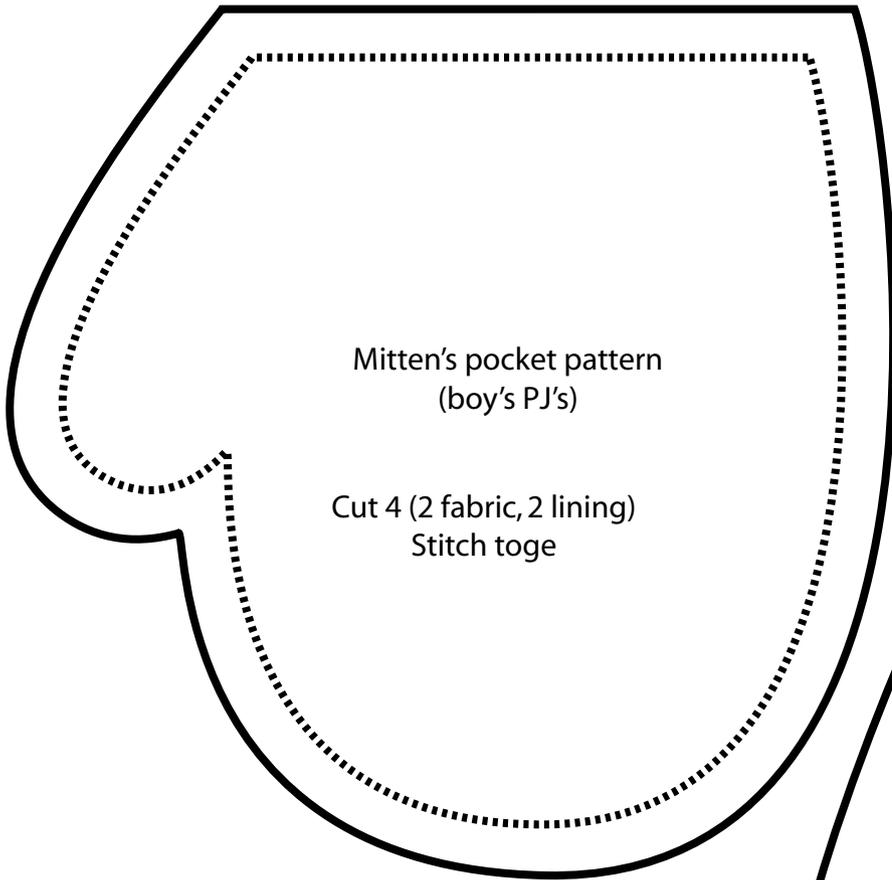
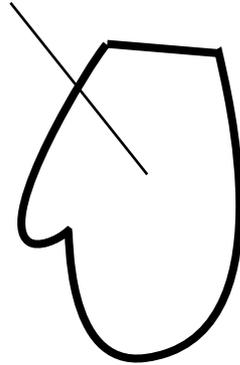
Mitten Appliqué



PERFECT PJ'S  
My Little Mitten's  
Appliqué  
by Karen Faylor

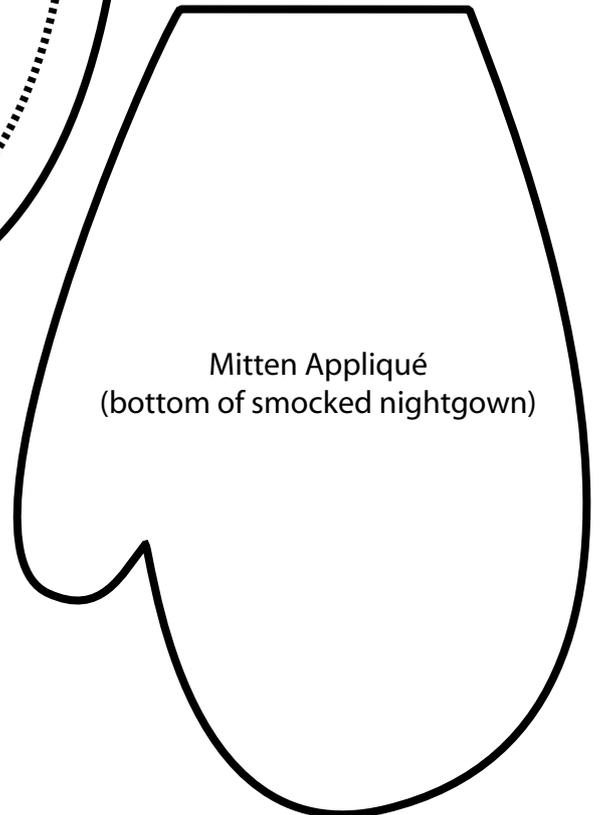
from Issue 133

Small Appliqué  
for insert on nightgown



Mitten's pocket pattern  
(boy's PJ's)

Cut 4 (2 fabric, 2 lining)  
Stitch toge



Mitten Appliqué  
(bottom of smocked nightgown)

